



Hello parents,

Sub: COFFEE WITH PARENTS GRADE X & GRADE XII : CBSE

We are back with the most awaited annual program “**COFFEE WITH PARENTS**” which is designed to benefit and add value to your kids while planning their future studies. As the time for Board Examinations is fast approaching, both the parents and students get anxious about the success in examinations resulting in anxiety, loss of confidence and at times trauma.

Keeping this in mind, we at Yara International School, have scheduled an **Orientation Workshop titled ‘Parents and Students Resource Management’ for parents and students of Grade X & XII on 16th December 2022 (Friday).**

Venue : Seminar Hall (Boys Section)
Timings : 04:00 pm to 06:30 pm
Resource Person: Mr. Qari Imran Khan (Life Coach, Educational Consultant & Expert on Parenting and Career Counseling)

This session will highlight the following:

- **Students Wellbeing and Mental Health post Covid**
- **Coping up with Examination fear with Smart Exam Preparation**
- **Subject Choices in Grade XI**

We propose to conduct a very dynamic program to encourage, motivate, change the mentality of our students, give them the energy and the stamina to undertake the gigantic task in front of them.

As parents, your presence for this very important session is vital as various matters that affect your child’s performance in the forthcoming board examination and future will be discussed.

Warm Regards,

Mrs. Aasima Saleem
Academic Principal

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CONSENT FORM

Dear Teacher,

I’m shall be attending ‘*Coffee with Parents*’ session along with my child on 16th December 2022
_____, studying in Grade _____ Sec _____.

Name & Signature of the parent: _____ Date: _____

Kindly return the consent form by 14th December 2022 as we need to make necessary arrangement.