



Dear parents,

Sub: HAND, FOOT & MOUTH DISEASE - DAYCARE

Please be informed it is brought to our notice that few children are suffering from Hand, Foot and Mouth Disease (HFMD). In view of the same kindly note that your child/infant with the following symptoms given below will not be accepted in daycare or in school with immediate effect. Symptoms usually appear 3 – 5 days after the exposure which includes.

- ♣ Fever
- ♣ Poor appetite
- ♣ Runny Nose
- ♣ Sore Throat
- ♣ A blister-like rash on the hands, feet, in the mouth, legs, buttocks and genital area usually develops one to two days after the initial symptoms.

Hand Foot and Mouth disease is considered to be contagious and it is best controlled by diligent hand washing. Please contact your family physician if you notice any of the above mentioned symptoms and **refrain from sending your ward to daycare for at least a week's time.**

Expecting your support and cooperation in this regard.

Warm Regards,

Mrs. Aasima Saleem
Academic Principal

