



Dear parents,

Sub: HAND, FOOT & MOUTH DISEASE (Kindergarten to Grade 3)

Please be informed that Hand, Foot and Mouth Disease (HFMD) is a viral infection that is spreading and it usually affects the young children. Symptoms usually appear 3 – 5 days after the exposure which includes.

- ♣ Fever
- ♣ Poor appetite
- ♣ Runny Nose
- ♣ Sore Throat
- ♣ A blister-like rash on the hands, feet, in the mouth, legs, buttocks and genital area usually develops one to two days after the initial symptoms.

Hand Foot and Mouth disease is considered to be contagious and it is best controlled by diligent hand washing. Please contact your family physician if you notice any of the above mentioned symptoms and **refrain from sending your ward to school for at least a week's time & inform the respective class teacher accordingly.**

Warm Regards,

Aasima Saleem

Mrs. Aasima Saleem
Academic Principal

